**Care Services** 

## Virtual **Psychiatry**

Getting Started

## INTRODUCTION

Work with a board-certified psychiatrist to achieve your emotional wellness goals. With appointments available as soon as 48 hours, you can select a dedicated psychiatrist who will develop a personalized care plan and track progress over time.

Licensed Counseling: \$85

**Psychiatry Initial Visit: \$225** 

Psychiatry Follow-Up Visit: \$99

## HOW TO ACCESS

Sign up with the Recuro Care app or visit the webpage below to access: 01 "member.recurohealth.com"

02 Enter your employer member ID

03 Create your username and password

04 Complete intake and wellness assessment

05 Schedule your consult



## Example Conditions **Treated**

- Anger Mgmt
- Anxiety
- Bipolar
- Sleeping
- Addiction
- Substances
- Depression
- Stress
- Eating Disorders •

- Grief / Loss
- **Smoking**
- **PTSD**
- OCD
- Mental Health
- **Work Anxiety**
- Marriage
- Relationships
- And More...



